

# Halloween Safety Tips

*Ghosts and goblins are not the only things to be concerned with on Halloween.*

Review these safety tips with the children in your family before the big day to ensure your little monsters get home safe.

## Costume Safety

- Wear flame-retardant costumes
- Hem your costumes so you don't trip and fall
- Choose make-up over masks (masks narrow the field of vision)
- Apply reflective tape to your costume

## Trick-or-Treating

- Plan your route ahead of time
- Trick or treat in familiar neighborhoods
- Carry a flashlight with fresh batteries after dark
- Always trick-or-treat in groups, accompanied by an adult
- Stay on the sidewalks and out of the streets
- Cross only at intersections and designated crosswalks
- Watch for open flames in a jack-o-lantern – review the “stop, drop, and roll” procedure in case your costume catches on fire
- Be aware of your surroundings
- Only visit well-lit houses. Don't stop at dark houses
- Do not enter any houses
- Never accept rides from strangers
- Do not eat any candy until it is inspected by an adult
- Avoid candy that has loose wrappings, is unwrapped, has puncture holes, or is homemade



Source: [www.parentcentral.ca](http://www.parentcentral.ca)



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