

# Men's Health: Testicular Cancer

Testicular cancer is the most common type of cancer in young men. But when it's diagnosed and treated early, there's a high chance you'll get the treatment you need and recover.

## What is Testicular Cancer?

Cancer is a disease in which your body's cells grow out of control. When this abnormal cell growth starts in your testicles, it's called testicular cancer.

Here are some key facts about testicular cancer:

- There are different types of testicular cancer.
- More than 90% of testicular cancers start in the cells that make sperm (germ cells).
- The main types of germ cell cancers are seminomas and non-seminomas.
- Treatment decisions and chances of recovery depend on the kind of cancer and the type of cell it starts in.

## Risk factors for Testicular Cancer:

- Undescended testicles at birth.
- Being related to someone who's had testicular cancer.
- Having had testicular cancer before.
- Race and ethnicity – risk is higher in the USA and Europe, and lower in Africa and Asia.



For additional information on statistics, testing, and treatment, visit Movember's website to learn more.



For more information visit:  
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